

insidePULSE**MOVERS & SHAKERS**

Kristy Ulmer

Artistic Director/Owner, KJ Dance, Inc.



Full name: Kristy Kay Ulmer

Job title: Artistic Director/Owner, KJ Dance, Inc.

How long you've been that: 16 years

Favorite part of your job: Building lifelong relationships with students and families

Favorite part of your day: Sunset

What time do you wake up in the morning? 7:30 a.m.

What time do you go to sleep? 1 a.m.

Name five things that are in your purse: Gum, lipstick, iPhone, book, clutch

Favorite clothing designer or place to shop? Tori Burch

Name the shade of lipstick you wear, if you can: Mac

Birthday: April 18

Your philosophy on age: Life gets better and better.

Place born: Abeline, Texas

Are you a youngest, middle or oldest child? Youngest of three

College or university attended: Texas Tech University

High school attended: Plano Senior High

Do you remember the alma mater? Yes

Favorite home-cooked meal: Steak and sweet potatoes

Favorite dessert: Peach cobbler with homemade vanilla

Vegetable that you won't touch: I love veggies

The last time that you got all dressed up in evening wear: Las Vegas

Favorite band when you were 20: Journey

Favorite band now: Kings of Leon

Last CD that you bought: Paul Cardall

Something almost nobody knows about you: I'd like to study photography

Something you're known for: I like to be secretly generous.

How did you get into the dance industry? I am a third generation dance studio owner.

What has been the highlight of your dancing career? Watching the dancers I train move on to professional careers.

What has been the best part of having Joey Dowling of "So You Think You Can Dance" choreograph a number for your Senior PULSE Group? Having Joey work with the girls has taken them to another level artistically and physically.

In what ways have the students benefited from working with Ms. Dowling? They have all grown tremendously through their experience. Her approach is fast and no-nonsense. The dancers have packed in an entire number in eight hours with Joey; they have all worked very hard.

What opportunities are there for the public to see the KJ Dancers perform Ms. Dowling's choreography? The West Coast Dance Explosion, Jan. 9-10 at Embassy Suites in Frisco; LA Dance Magic, Feb. 20-21 at the Hyatt Regency DFW. For information, call 972-612-8585.

